



The Sailing Program

Students learning to sail or seeking to improve their sailing skills should sign up for the Sailing program. Classes are divided by age and skill levels. There are four 2-week sessions for students age 8 and entering the 3rd grade to high school. Four 1-week “Try-It” sessions are an option for 1st time students between the ages of 8 and 11.

Sailing skills will be taught both on and off the water using a variety of fun activities. Students will begin sailing in Optimist dinghies becoming comfortable in a small boat. Beginning sailors will be introduced to boating terminology, rigging and derigging of boats, boat handling and maneuvering skills and basic boat care.

Returning sailors will continue with these basic skills and will be introduced to more intermediate techniques, including basic racing rules and spending more time on the water practicing skills.

Student Handbook

The student handbook with complete information on the program may be downloaded from the QYC website: www.sailqyc.com/ysp

Camp Status Statement

The QYC Youth Sailing Program is registered as a children’s sports camp with the Town of Wakefield Board of Health. This camp must comply with regulations of the Massachusetts Department of Health and be licensed by the local board of health. Parents/guardians may request copies of the QYC Youth Sailing Program policies on staff background checks, healthcare, and discipline.

The QYC Youth Sailing Program

The QYC YSP goal is to provide a safe, encouraging environment for students to learn to sail, to develop their sailing skills, or learn to race. The YSP focuses on the fun, enjoyment, accomplishment, and self-confidence that results from learning to sail. Our instruction is based on US SAILING curriculum, and is carried out in age and skills appropriate classes. There are also group activities that encourage social interactions and friendships among the students. Students learn skills that will form the foundation for a lifelong love of sailing. They also learn the proper use and care of boats, sails, moorings and the docking area. Safety standards are taught and strictly enforced.

Contact Information

Quannapowitt Yacht Club
 26 Linda Road
 Wakefield, MA 01880
 YSP: (781) 281-9772
 Email: qycysp@gmail.com

Find us on Facebook: Quannapowitt Yacht Club Youth Sailing Program Educational Camp

Schedule of Typical Camp Day

9:00- 9:30	Onshore Instruction
9:30 -10:00	Rig Boats
10:00–12:00	On Water Instruction
12:00-1:00	Lunch
1:00-1:15	Onshore Instruction
1:15-3:15	On Water Instruction
3:15-3:45	De-Rig boats
3:45-4:00	Pack UP



Quannapowitt Yacht Club

2019 Youth Sailing Program



Confidence



Independence



Teamwork



Ages

The YSP enrolls students from age 8 and entering 3rd grade to high school.

Swimming

New students must bring a certificate from a recognized swim program, such as the YMCA or Red Cross that indicates successful completion of the following test: swim (without life jacket) 50 yards using any stroke, tread water for 2 minutes and then put on a life jacket while treading water 6 feet deep or more. The Burbank YMCA in Reading provides swim tests by appointment. Swim Test Form can be downloaded from our website.

Safety Requirements

All students must provide their own Coast Guard approved Type III life jacket, which will be worn at all times when students are on the docks or in the boats. Students also need to provide and use appropriate sun protection: sun block, lip sun block, hat, shirt and UV-filtering sunglasses. Closed-toe shoes are required.

QYC YSP 2019

Summer Schedule

9 AM to 4 PM, Monday-Friday

Program	Session	Dates
*Sailing	S1	June 24-July 3
	S2	July 8-July 19
	S3	July 22- August 2
	S4	August 5-August 16

**** No Camp on July 4th & 5th**

One week "TRY IT" sessions are available on the 1st week of each of the 2-week Sailing sessions. Only first time beginner students ages 8-11 are eligible for the "Try-It" Session.

Orientation Session

Attendance at one of the below orientation dates is **Mandatory** for all enrolled in the sailing program. It will last approximately 1 hour. Orientation will be held at QYC

Thursday, June 13th at 7pm

Saturday, June 15th at 10am

Register Online

Go to www.sailqyc.com/ysp to complete and submit the Online Registration Form.

Registration opens March 2nd with priority given to returning sailors who enrolled in the 2018 program.

Registration

Upon receipt of online registration an invoice will be emailed to you. Required camp forms can be found on our website: www.sailqyc.com/ysp A copy of your child's physical & immunization record is also required.

Required Forms and Full Payment are due by May 15th.

Early bird discount of \$25 if paid by April 1st

Registration will be accepted during the summer if there are openings.

Tuition

2019 QYC YSP TUITION		
Program	Non-Member	Member
Sailing 2 weeks	\$635*	\$575*
"Try-It" 1 week	\$350	\$320

***Session 1 is a short session due to July 4th holiday
Prorated tuition is \$510 (non-member)
\$460 (member)**



Information about family memberships at QYC is available on our website at sailqyc.com