



## QYC Youth Sailing Program

### Swim Test Certificate

The Quannapowitt Yacht Club Youth Sailing program requires new students to bring a certificate from a recognized swimming program that indicates successful completion of the test below. Such programs include, but are not limited to the Red Cross or YMCA. You will need your life jacket when you take the test. The Burbank YMCA in Reading provides swim tests by appointment. Contact Aquatics Director at 781-909-7409 to schedule an appointment.

Students who have participated in the youth sailing program in the past do not need to bring a certificate.

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To Whom It May Concern:

This is to certify that \_\_\_\_\_

successfully completed the following skills:

- \*Swam 75 yds feet using any stroke (without life jacket)
- \*Tread water for 2 minutes
- \* Put on life jacket while in the water: 6 feet deep or more

on the following  
date \_\_\_\_\_

at \_\_\_\_\_

If you have any questions you can contact us at

Signed Certified Lifeguard \_\_\_\_\_

Date: \_\_\_\_\_